#### **Oakland Unified School District (OUSD)**



OAKLAND UNIFIED SCHOOL DISTRICT Community Schools, Thriving Students

## 5<sup>th</sup> Grade Parent/Guardian

**Permission Form** for Puberty Health Education Please return this form by <u>February 2, 2018</u> to your child's

teacher.



#### What topics does our 5<sup>th</sup> grade Puberty Health Education cover?

- Puberty and body changes (internal & external)
- Hormones
- How babies are made
- Multiples (twins, triplets, etc.)
- Having children through adoption
- Gender identity

# When will Puberty Health Education be taught?

Each 50-minute lesson will be taught during the mornings of January 30 and 31 and February 2 and 3. Students will not be separated by gender.

#### Who will teach it?

Puberty Health Education will be taught by **Toni Guy**, an experienced health educator.

#### Do you have questions?

If you have any questions, please Toni Guy at tonirguy@yahoo.com.

If you would like to know more about what is taught, please attend the <u>parent information meeting</u> on January 30, 2018 from 6:30 – 7:30 PM in the Crocker Highlands MPR.

### **Parent/Guardian Permission Form**

Is it okay with you for your child to participate in Puberty Health Education?

#### **Class Lessons**

□ **Yes**, my child may participate in Puberty Education lessons

□ **No**, my child may not participate in Puberty Education lessons

Print your child's name:

Print your name:

Date:

Parent/Guardian Signature: