

Word of the Month for August/September = R-E-S-P-E-C-T

Teachers talk about this word in classes, and we celebrated RESPECT at our first Crocker Cougar Assembly on Friday, September 12.

To reinforce this value at home, please take the time to talk about what this word means with your child. Consider discussing ways to show respect to other people, the school, the environment, and to property.

We live in a diverse community and value inclusion. Talk to your child about how to show respect through words, actions, body language and facial expressions.

Encourage open dialogue about how important it is to respect people whose lives might be different from our own for reasons such as race, religion, national origin, family structure, language, socioeconomic status, whom they love, neighborhood, learning style, body type, abilities and/or disabilities.

Here are some ways you can reinforce this important word of the month.

1. Talk with your children about the importance of treating other people with respect, including the use of manners. Make sure they know that it is important to you, and that it will lead to stronger relationships.
2. Watch a television program together, and talk about the various ways in which the characters acted respectfully or disrespectfully towards one another. Watch for put-downs, insults, and subtle forms of bullying.
3. Help your children become sensitive to their own behaviors or language that may be of a disrespectful nature, as he or she deals with siblings or friends.
4. Talk to your children about self-respect. This can include eating right, exercising, and getting enough sleep (respect for their body). Do what you can to ensure they feel comfortable being themselves.
5. Show your respect for the earth—recycle, reuse and reduce!
6. Remember that you are a powerful role model for your kids. If you treat yourself, others and the earth respectfully, that is what they will learn from you.

